

Kindness goes bone-deep

Your hip replacement can also help someone else

Did you know that as a hip replacement patient you can donate your femoral head – the bone removed during your surgery – to help others?

Now you do! This relatively small piece of bone – normally discarded by the hospital – can be used to treat **bone cancer**, **repair bone defects** during surgery or be turned into **bone products**. By donating it, you can make a world of difference in the life of someone else.

What's the femoral head?

It's the ball part of the hip joint that's removed and replaced with a prosthesis during hip replacement surgery.

Who can be a donor?



Anyone aged 18 to 80 who's healthy

Some pre-existing medical conditions, such as cancer, might preclude you from donation. Talk to our donor co-ordinators to find out more.

Does donation affect the way my operation is done?

Not at all! Your surgery will be done in exactly the same way, so there are no additional risks involved.

Will donation cost me anything?

No. There are no costs involved for you, the donor, your medical aid or your family.

Can I change my mind about donating?

Yes. You may change your mind at any time right up to when your surgery takes place. Simply tell your surgeon that you no longer want to donate, and let us know.

If I don't want or can't donate right now, what else can I do?



Tell friends and family about bone donation after hip replacement surgery.



Register as a tissue and organ donor at www.odf.org.za

Many of us are looking for a chance to help others. If you're undergoing hip replacement surgery, bone donation could be yours.

Thank you

Founded by
Bone SA

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Become a bone donor in 5 easy steps



STEP 1

Ask your surgeon about bone donation and say that you'd like to donate the bone removed from your hip.



STEP 2

Ask your doctor or his/her receptionist for the consent form. If you are unable to find a consent form, please contact us and we will assist you.



STEP 3

Tell the ward staff when you're admitted that you're a bone donor.



STEP 4

Tell the theatre staff when you're taken to theatre for surgery that you are a bone donor.



STEP 5

Our donor co-ordinators will answer all your questions and help you where needed. You can call us anytime on +27 87 068 8000.

Leave a living legacy

Registering as an organ and tissue donor can save or improve the lives of up to 65 people after your death. Tell your family about your decision and ensure that your legacy lives on.

What can be donated?



Bone – Donated bone can prevent amputation, restore mobility and decrease pain.



Cornea – Donated corneas can replace diseased corneas, restore vision and prevent blindness.



Heart valves – Donated heart valves can save a life by improving heart function.



Skin – Donated skin can save a life. It's used to help burn victims, and can prevent infection, promote healing and reduce scarring.

To register as a tissue and organ donor:



- Visit www.odf.org.za
- Complete the QUICK REGISTRATION and submit

A representative will call you back to complete your registration.

Talk to us



Telephone number: +27 87 068 8000



Email: donation@bonesouthafrica.co.za



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